



**TEXAS**  
**WORKFORCE SOLUTIONS**  
★ ★ ★ ★ ★  
**VOCATIONAL REHABILITATION SERVICES**

**Start My VR** 

## **New ‘Start My VR’ Online Self-Referral available for Vocational Rehabilitation Services**

The Texas Workforce Commission (TWC) has introduced “[Start My VR](#)” an online self-referral portal for prospective vocational rehabilitation customers, providing a

convenient way for individuals with disabilities who are seeking employment to inquire about Vocational Rehabilitation (VR) Services and/or be connected to a VR staff member.

Texas Workforce Solutions-Vocational Rehabilitation Services supports individuals with physical or mental disabilities in achieving their employment goals. VR Services are designed to help an individual live independently and address employment barriers related to a disability, and support eligible individuals as they prepare for, obtain, retain or advance in employment.

In addition to receiving inquiries about VR Services, the Start My VR system also can receive inquiries for the [Older Individuals who are Blind program. or VR-OIB.](#)

VR-OIB services are designed to assist individuals age 55 and older adjust to the disability of blindness or visual impairment based on their specific needs. These services may include counseling and evaluations about vision loss, information and referral to community resources, assistive technology, diabetes education, or independent living skills training, which may include training in orientation and mobility and daily living skills.

To find out more about Texas Workforce Solutions-Vocational Rehabilitation Services, visit <https://twc.texas.gov/jobseekers/vocational-rehabilitation-services>

To find out how your business can benefit from hiring individuals with disabilities or to obtain information on employee accommodation, contact a Vocational Rehabilitation Business Relations Coordinator visit <https://www.twc.texas.gov/businesses/vocational-rehabilitation-business-relations>

### **Start My VR includes three easy steps**

1. Visit the “Start My VR” secure web portal & enter your contact information.
2. Receive a Request Number confirming receipt.
3. A VR team member will contact you to share how VR services may benefit you

**Click below to visit Start My VR**



Please note: Start My VR can connect you to VR staff, however, it is not an application for vocational rehabilitation services.